

# The Holy Spirit: Who? What?

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To better understand who and/or what the Holy Spirit is, we must reflect on what we know and need to know about the Trinity. The New Testament gives us the foundation for the Holy Trinity, especially when for instance describing the baptism of Jesus.

***And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved, with you I am well pleased."*** (Mark 1:10-11)

Let's think about the Triune God. We have been taught that God is "three in one" including God the Father, God the Son, and God the Holy Spirit. Consider how we understand each to be presented to us in scripture, and described to us in the creedal statements of the church. Think of words or short phrases that describe each.

God the Father is?

God the Son is?

God the Holy Spirit is?

When we focus specifically on the theological study of the Holy Spirit, it is called "pneumatology." Look at the word. Does it make sense to you that this word is used to denote the study of the Holy Spirit? How so?

What metaphors have been used in scripture to refer to the Holy Spirit?

Be certain that as we come to better understand who the Holy Spirit is and what the Holy Spirit does, our ability to faithfully follow Jesus Christ will be strengthened, if that is the desire of our heart. We can only become more like Jesus if the Spirit enables us. I pray we will allow the Spirit to do just that!